**Harmonic Rhythm Adaptation Principle**

All of the examples stated so far work as long as the harmonic rhythm is four beats long where each chord lasts for one bar. Things change when the harmonic rhythm moves faster. When the chords are two beats in duration or a half a bar, we will punctuate the downbeats (beats 1 & 3) with root notes and insert chromatic approach notes above or below the next root note. This is not the only thing you can play, but is the most commonly used device played by all jazz players and most importantly they sound great. Experiment with these combinations:

1). Roots on Beats 1 & 3 with Chromatic Approach Above

![Chromatic Approach Above Diagram]

2). Roots on Beats 1 & 3 with Chromatic Approach Below

![Chromatic Approach Below Diagram]

3). R-Chromatic Above-R-Chromatic Below

![R-Chromatic Above-Below Diagram]

4). R-Chromatic Below-R-Chromatic Above

![R-Chromatic Below-Above Diagram]